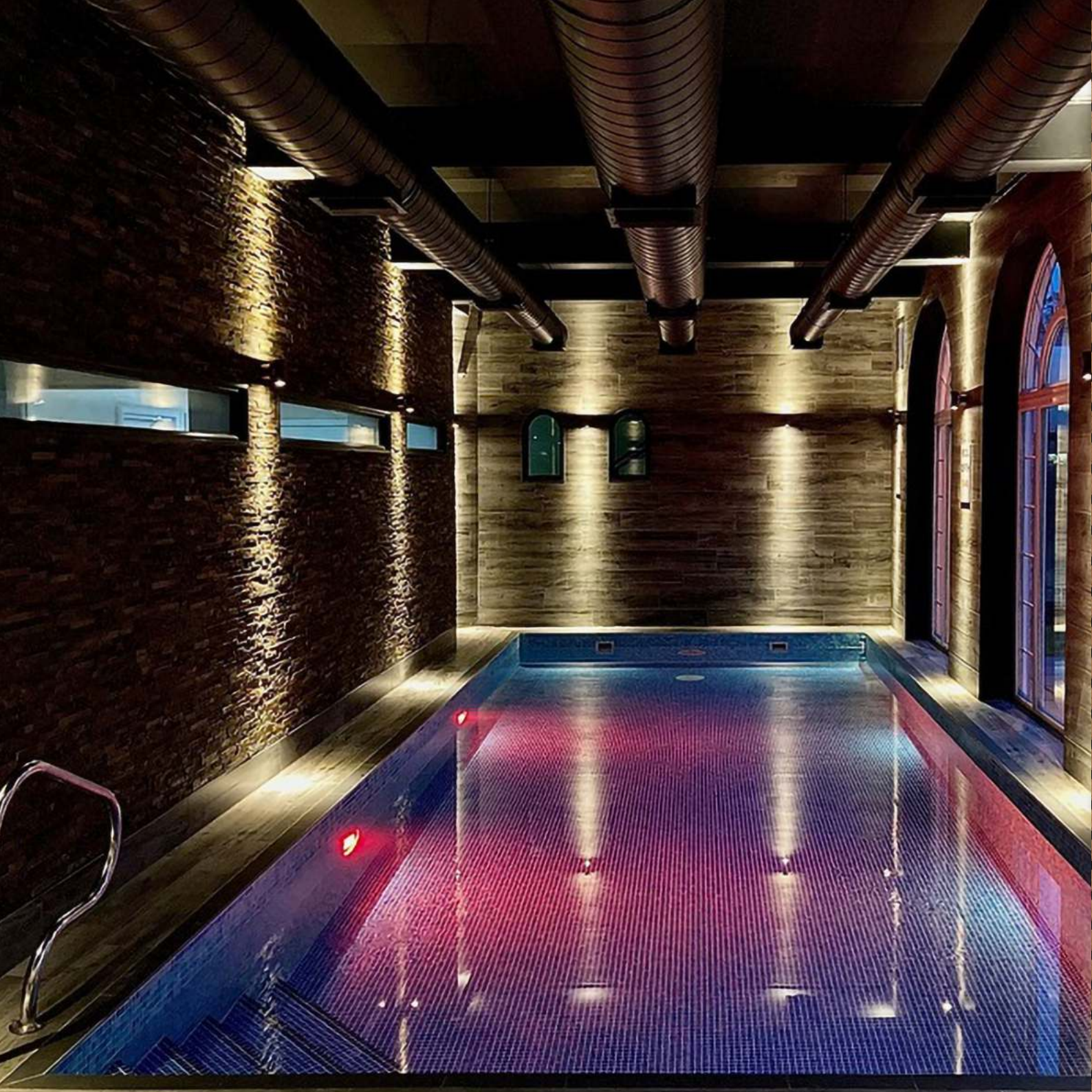




Treatment Menu



Welcome to
The Spa at Blackwell, your
sanctuary of relaxation
and rejuvenation.

Immerse yourself in a world of tranquillity, where soothing treatments and luxurious spa rituals are designed to restore balance to your body and mind.

Whether you seek deep relaxation, revitalisation, or a moment of pure indulgence, our expert therapists are here to provide a personalised experience tailored to your needs. Let the stresses of everyday life melt away as you embark on a journey of wellness and serenity.

Massages & Scrubs

Lava Shells

50 minutes £69

Experience the soothing power of heated lava shells in this unique massage. The natural heat from the shells melts away tension, relieves muscle tightness, and promotes deep relaxation

Tranquillity Ritual

90 minutes £99

The ultimate relaxation experience. A luxurious Himalayan salt back scrub followed by a deep relaxation back and scalp massage, finished off with a refreshing Medik8 facial. Total bliss...

Signature Serenity Massage

50 minutes £69

A full-body experience that uses long, flowing strokes, kneading, and circular motions to promote relaxation and improve circulation. It relieves muscle tension, reduces stress, and enhances overall well-being, leaving you feeling refreshed and rejuvenated.



Pink Himalayan Salt Scrub

50 minutes £69

Exfoliate and refresh your skin with our Pink Himalayan Salt Scrub. This treatment uses mineral-rich salt to remove dead skin cells, leaving your skin soft and radiant. The salt detoxifies, improves circulation, and balances moisture, followed by jojoba oil to lock in hydration.

Dead Sea Salt Scrub

50 minutes £69

Experience the healing benefits of the Dead Sea with our luxurious scrub treatment. This mineral-rich exfoliant removes dead skin cells, leaving your skin smooth and nourished. Ideal for revitalizing tired skin, it promotes circulation and gives you a radiant glow.

Indian Head Massage

50 minutes £69

This traditional therapy focuses on the scalp, neck, and shoulders, relieving tension and stress while improving circulation. It's a calming treatment that promotes mental clarity and helps restore balance to your mind and body.

Reflexology

50 minutes £69

Reflexology is a therapy that applies pressure to specific points on the feet, corresponding to various areas of the body. It promotes relaxation, improves circulation, and supports natural healing by stimulating these reflex points.

Medik8®

BEAUTIFUL SKIN FOR LIFE

Advanced science-based solutions to visibly improve your skin, using the power of nature, combined with science.

We can deliver visible results through unique treatments and experiences.



Medik8

— PROFESSIONAL —

Medik8®

BEAUTIFUL SKIN FOR LIFE

Expert Facial

60 minutes £69

Quickly target skin concerns with Medik8's Expert Facial.

Medik8 Professional Expert Facial combines an in-depth skin analysis before designing a bespoke treatment to directly address your client's skin's specific needs.

Whether you're looking to target dullness, dryness, redness, or a combination of all, the Expert Facial has the power to visibly improve all your client's skin concerns.

Platinum Facial

60 minutes £89

Medik8's Signature Treatment

Our signature youth-renewing facial with an instant lifting and tightening effect plus 9-in-1 age-defying actions that work behind the scenes to fortify the skin.

This treatment harnesses the power of next-generation enzymes and self-heating minerals to deliver results-driven exfoliation that promotes skin cell regeneration alongside a warming sensation that alleviates facial tension.

Features Medik8's signature massage techniques and our luxury peel-off mask which boasts 9-in-1 age-defying benefits to target all visible signs of ageing, resulting in an instant visible tightening effect.

Mums-to-be

Body Bliss Pregnancy Massage

60 minutes £69

Relax and unwind with this gentle, soothing massage designed for expectant mothers. Targeting pregnancy-related discomforts, it alleviates tension, reduces swelling, and promotes relaxation. Using calming oils and specialised techniques, this treatment restores balance and leaves you feeling rejuvenated and at ease.

Ultimate Bliss

90 minutes £99

All the luxury of the Body Bliss treatment with the added extra of a luxury facial, using products to suit your skincare needs while caring to baby.



Luxury touches

Back, Neck & Shoulder

25 minutes £49

Relax and unwind with a bespoke essential oil massage, relieving tensions, leaving you feeling renewed and refreshed.

Reviving Leg Ritual

25 minutes £49

Tired legs?
Leg and foot exfoliation, leg and foot massage and then leave with an application of luxurious moisturiser

Express Facial

25 minutes £49

Looking for a quick refresh?
Express facial with our Medik8 products

Clear & Calm Face Therapy

25 minutes £49

Alleviate sinus pressure with our relaxing face massage. A double skin cleanse followed by a Eucalyptus aromatherapy face massage. Leave feeling awakened and revived.

Guidance when using our Spa

What to bring

Always bring a swimming costume. We have plenty of towels available and each guests using the spa will be provided with a robe. If you are staying in the hotel you may like to come down in your robe. Don't forget we also have state or the art leisure facilities.

We operate a barefoot spa, we encourage guests to bring their own rubber soled flip flops.

Age requirements

The Pool, heat rooms and Spa Garden are for those over 16. Anyone under the age of 18 must always be accompanied by an adult.

The minimum age to have a face treatment is 16, which must be delivered with an appropriate adult present.

For all other treatments the minimum age is 18.

Cancellation policy

Please book in advance to avoid disappoint. Reservations cannot be confirmed without credit or debit card details and must be paid in full at the time of booking.

In the event of cancellation, you will be offered a re-booking if available, except when the cancellation occurs 48 hours prior to your confirmed date of visit, in which case the full cost will be applied. We do not offer refunds on pre-booked packages.

Spa treatments

We advise you that you arrive at least 30 minutes prior to your Spa treatment to allow sufficient time to check in, change and familiarise yourself with the facilities.

As a courtesy to all our guests we do operate a prompt appointment schedule. A late arrival may mean that your treatment time is reduced. We reserve the right to amend your treatment by 15 minutes.

*Please note your treatment time includes consultation time.

Spa etiquette

The Spa is a calming and relaxing environment, if guests are to use their mobile phone, please do not let it negatively impact other users of The Spa.

We politely ask that you keep your voice to a delicate whisper in various zones of the Spa.

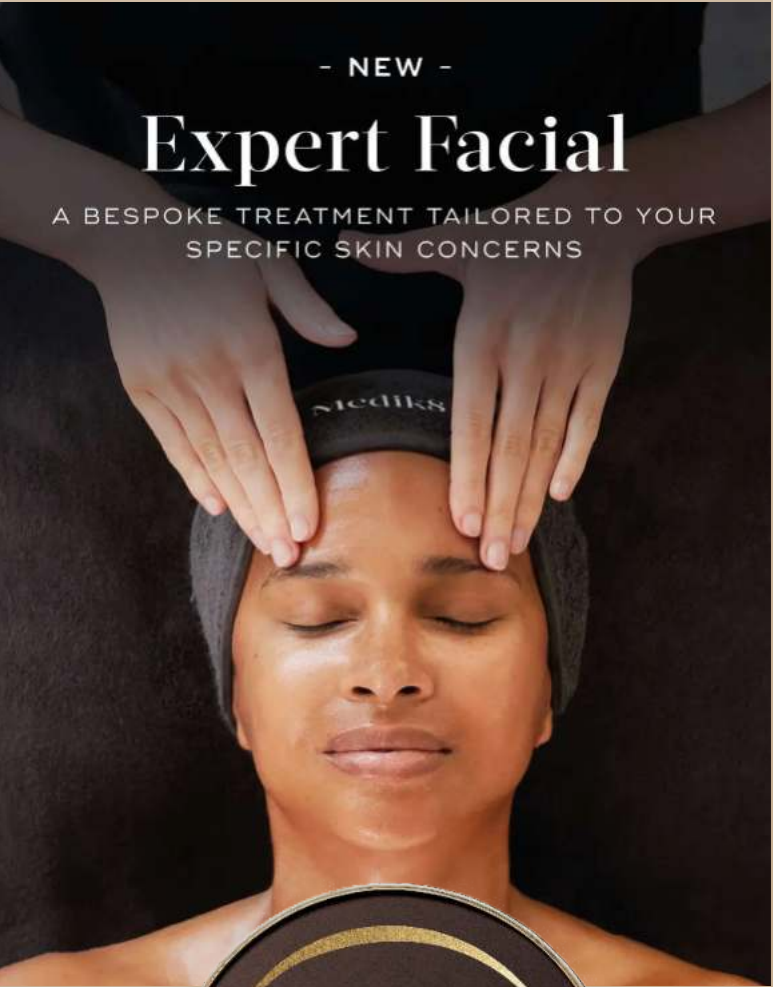
Medical questions

Regular spa use can be very beneficial to one's health and well being but it is important that you highlight and health conditions, allergies medication or injuries that may have a negative impact on your choice of Spa Treatments.

Opening hours

MONDAY – SUNDAY 09:00 – 21:00

We reserve the right to withdraw from use, any facility for essential maintenance at any time.





The Spa | Grange Road | Darlington | County Durham | DL3 8QH

Spa reservations **t.** +44 (0)330 102 7238 **e.** thespa.blackwell@bruhennyhotels.co.uk

www.blackwellgrangehotel.com